

Introducing End of Life Planning & Enabling People with a Learning Disability & their Carers to Express their future wishes

A recent survey in North East Lincolnshire found that 75% of people asked - said *that in their final days, they wanted to be at home, surrounded by their friends and loved ones.*

It is no different for People with a Learning Disability.

We believe all people irrespective of their ability, should have access to local information and services available to them, and ensure their wishes are listened to regarding their future plans.

Within the Learning Disability Service (working closely with the End of Life Leads), we now have, a trained team of Champions who specialise and can support on End of Life information.



To enable people to record their wishes regarding their future care - we have developed an easy read Plan called *“What if - Celebrating My Life”*

The plan has 3 sections

All about me – who is supporting my plan

My Final days – important things when planning my care

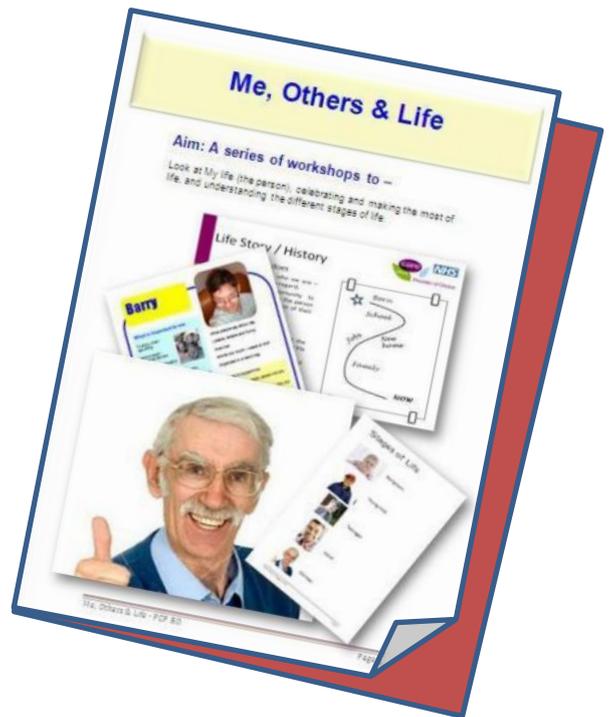
Celebrating my life – wishes for my funeral arrangements, messages to my loved ones



To introduce **What if** to people with a learning disability, we ran a pilot of workshops called **Me, Others & My Life**

The Champions in partnership with people with learning disabilities spoke about their journeys through life, their achievements and what people **still** wanted to achieve **now**.

We recalled good times in our lives, and our individual histories.



For those who were interested in completing **What If** and putting down their future wishes regarding their end of life care the Champions followed up by working one to one with people.

Participants really enjoyed the workshops and were very frank and forthright in what they wanted for themselves.



To enable people with a learning disability to access support to complete a “What If” Plan, and receive End of Life support we now have an established pathway.

We are now informing carers, professionals, service providers and people with a learning disability across North East Lincolnshire about our team.

People who want to know more - can contact: The Community Learning Disability Team 01472 571120

